



POST-SECONDARY PLANNING GUIDE **2020-2021**

CHANGING DESTINY BY CHANGING MINDS



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ABOUT THIS GUIDEBOOK

This booklet contains important information for your son or daughter's final year at Fraser Academy. All information is accurate as of September 2020.

For those students wanting to attend post-secondary institutions, the program options are practically limitless. As each student has unique needs, preferences and circumstances, finding a good fit is the result of teamwork (student, plus his or her family, teachers and counsellors).

Each institution has its own application opening and deadline dates, as well as documentation requirements. Check each individual school online for the most up-to-date information. Please note that admission averages are re-calculated every year, which is often based on the applicant pool for that year.

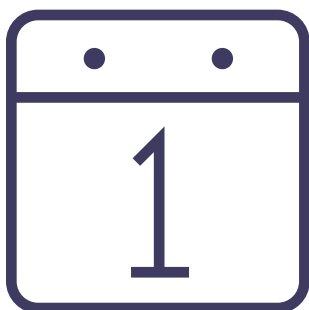
There are also many options for those students taking a year off, including volunteering, working or travelling in Canada or another country. The Post-Secondary Planning Team can help students work on their resume or interviewing skills, and offer information about GAP and other programs.

If you have any questions, please don't hesitate to get in touch.

Sincerely,



Lindsey Robertson
Post-Secondary Counsellor



Remember to bookmark our Post-Secondary Planning Calendar for key dates:

fraseracademy.ca/calendar

SUBSCRIBE TO POST-SECONDARY
PLANNING FEED

GRADUATION REQUIREMENTS

Most students leave Fraser Academy with more than 80 credits including a Grade 12 Language Arts Course required by the Ministry of Education to graduate. Please refer to the Fraser Academy course selection guide for additional information or arrange a meeting with the Post-Secondary Counsellor or Director of Academics and Curriculum.

Specific Graduation Requirements

Focused Literary Studies and Composition 10	4 credits
English 11: Composition or Literary Studies	4 credits
English Studies 12	4 credits
Social Studies 10	4 credits
A Social Studies 11 or 12	4 credits
Math 10: Foundations and Pre-Calculus or Workplace	4 credits
Math 11: Foundations or Pre-Calculus or Workplace	4 credits
Science 10	4 credits
Science 11 OR Science 12	4 credits
Fine Art OR Applied Skill 10, 11 or 12	4 credits
Physical & Health Education 10	4 credits
Career Life Education	4 credits
Career Life Connections	4 credits
Numeracy Assessment	4 credits
Literacy Assessment 10 (starting in 2019-20)	4 credits
Literacy Assessment 12 (starting in 2021-22)	4 credits

Elective Courses

Total elective course credits taken between Grades 10-12	28 credits
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TOTAL (this must include a total of 16 Grade 12 credits)	80 CREDITS
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WHAT IS THE CAREER LIFE CONNECTIONS PROGRAM?

The Career Life Connections Program is designed to help students make a successful transition to life after high school. It is an opportunity for students to reflect on their knowledge and abilities and plan for life after high school by collecting evidence of their achievements. Students are expected to plan and prepare their education, career and life goals with the help of staff or their parents as needed. The program is graded and worth 4 credits toward the Dogwood Diploma.

Successful completion of the program is required to graduate.

Students begin Graduation Transitions in Health & Career Education 7-9. In Career Life Education 10, they work on their education goals, career goals, and finances. In Grade 11, career and personality assessments are done as well as an informational interview, conducted with someone in a career of interest.

“The man who removes a mountain begins by carrying away small stones.” – Chinese Proverb

What do students need to do in Grade 12?

Career Life Connections and Capstone Classes

All Grade 12 students will have mandatory Career Life Connections classes approximately 6 times a month. The class offers educational formats such as presentations, group discussions, guest speakers and assignments. In the spring, Grade 12s will be required to complete a final Capstone project that will be presented to an audience consisting of family, friends and members of the FA community.

Connections with Community

Students need to participate in a minimum of 30 hours of unpaid work experience during Work Experience Week in February 2021. Students need to find a placement before early-December, 2020 (subject to change).

Personal Development

Students will explore their personal values, interests and influences. They will identify strengths and evaluate personal strategies.



CURRENT UNIVERSITY AND COLLEGE OPERATIONS AMID COVID-19

For the 2020–2021 school year, most Canadian universities have transitioned to online learning. Some institutions have opted for a hybrid format, where larger classes are offered online with selected smaller classes conducted in-person.

While most universities continue to make on-campus residence available to students, many are limiting occupancy to one student per room, closing common spaces, closing dining halls in favour of take-out options, and limiting access for guests.

Changes to this year's University Recruitment and Grade 12 Events

For current high school students, one of the biggest changes you will notice is that whereas in previous years Fraser students would be invited to attend large conference-style events where they have the opportunity to meet with university and college representatives and learn about their programs, these have now moved to virtual formats.

Similarly, rather than inviting university representatives to come to the school and speak about their programs, these information sessions will now take place as virtual presentations. One advantage is that family members may now have easier access to attend these sessions.

Throughout the school year most universities and colleges host large recruitment events. While many of these are being offered virtually, some schools have opted for a more flexible, open-schedule approach. Prospective students are invited to view virtual campus-tours, chat with recruiters, and browse through program information and online resources at their convenience. Now more than ever, students will need to rely on online tools to learn and make decisions about post-secondary institutions and programs of interest.

Keep Up-to-Date with these Resources:

postsecondarybc.ca: Post-Secondary BC is a consortium of primarily public post-secondary institutions in BC. The website provides information and links to each institution's COVID-19 updates page.

ouac.on.ca: The Ontario Universities' Application Centre (OUAC) and Ontario Universities monitor developments in Canada and globally with respect to the pandemic, and post general updates on their site. They also post links to each Ontario university's COVID-19 page and additional resources.

universityaffairs.ca: University Affairs regularly posts news and commentary, including COVID-19 updates, on Canadian universities.



Photo Source: University of British Columbia

APPLICATION AND ADMISSION PROCEDURES SUMMARY 2020-2021

The Post-Secondary Counsellor meets individually with Grade 12 students to discuss post-secondary plans and set application goals.

The students receive information on application openings and deadlines.

Students wanting to apply to post-secondary institutions outside Canada begin the application process.

Students fill out the Ministry Student Transcript Services (STS) form. The STS form ensures that final transcripts are sent to designated post-secondary institutions within Canada, the United States, and the United Kingdom. Transcripts with interim marks for courses not yet completed will be sent in May by the Ministry of Education to all designated post-secondary institutions in British Columbia. Fraser Academy will send transcripts for out of province institutions.

Sep

Oct - Nov

Dec - Jan

The post-secondary application period for Canadian institutions opens. The Post-Secondary Counsellor is available to help with applications.

Schools like BCIT, Langara, Capilano, VCC and Douglas have ongoing semester admission (they are often first come, first served, so apply early for September 2021 admission).

Online portals for most post-secondary schools:
BC - [EducationPlannerBC.ca](https://www.educationplannerbc.ca)
Alberta: [applyalberta.ca](https://www.applyalberta.ca).
Ontario: [ouac.on.ca](https://www.ouac.on.ca).

Students may receive confirmation of conditional acceptance to certain institutions at this time. Please advise the Post-Secondary Planning Team of acceptances.

Students may be required to self-report grades for early admission for certain universities.

Many scholarship application deadlines are in the spring (February-May).

Post-secondary institutions review student applications.

Final marks sent out to post-secondary institutions through the STS. Final offers of admission are secured.

Feb - Apr

Early Mar

Mar - Apr

May

Summer

Application deadlines vary, but for Canadian universities typically they range from mid-January to early March.

Students may begin to hear back about "conditional acceptances" awaiting their final Grade 12 marks and graduation status.

ACCESSIBILITY SERVICES AT POST-SECONDARY INSTITUTIONS

Most public post-secondary institutions in Canada and the US are required to provide services to individuals with learning or other disabilities. In BC, post-secondary institutions are bound by Ministry of Advanced Education and Labour Market Development guidelines.

As part of these guidelines:

Students Must Identify Themselves

Students must self-identify that they have a learning disability at the time of their initial application and will often need to book an intake appointment no later than three months prior to the start of their classes with an institution's Accessibility Service Centre to ensure ongoing academic accommodations.

Students Must Provide Recent Documentation

Students must provide documentation of their learning disability (psychological-educational assessment or other supporting documentation that is no more than 3 years old, depending on the institution).

PSYCHOLOGICAL-EDUCATIONAL ASSESSMENTS AND POST-SECONDARY EDUCATION

The Ministry of Advanced Education and post-secondary colleges and universities have different requirements in their psych-ed test from secondary schools in BC. Every institution has its own mandate, and some are stricter than others in what they will and will not accept.

If your son or daughter’s assessment will be older than three years when they are entering a new institution, he or she will likely need a new one to receive accommodations. However, some schools will accept older assessments. You should check with the Post-Secondary Planning Counsellor or the specific institution before getting a new assessment done.

It is highly recommended that students and their parents make an appointment with the disability advisor of the institution they plan to attend at least three months before they enter school so that if further documentation is required, there is time to collect it.

If you do get a new assessment done, we have been advised it should contain the following to meet post-secondary standards:

-
Intelligence tests
.....
- Achievement tests
.....
- DSM4 or DSM5 Codes
.....
- Ability-achievement discrepancies clearly laid out
.....
- Memory tests
.....
- Administration of the assessment by a Registered Psychologist
.....

If you take this list to your psychologist, he or she will understand what is needed.

If you don’t remember when your son or daughter’s last assessment was done, we should have that information in our school files.

Also, if upon entering post-secondary school your child is having problems getting certain accommodations, you should speak to your psychologist, who can phone the institution or write a letter on your child’s behalf.

SELF-ADVOCACY

Students need to self-advocate

Students will need to self-advocate to get their needs met at post-secondary institutions. Their post-secondary educational files are off-limits to parents or Fraser Academy staff unless students sign a document with the institution allowing you or us to intervene. This should be decided at the beginning of the school year, and is a student's choice.

The importance of self-advocacy for students with disabilities

Becoming a self-advocate in high school will help students succeed in college. At the college level, they will be responsible for identifying and requesting support services. Parents aren't automatically involved with their children's college education, and most colleges prefer working directly with the student.

As a "self-advocate" you communicate your needs with logical and positive language. To be an effective self-advocate, you must understand your disability, know how it impacts your learning, and become comfortable with describing your disability and academic-related needs to others.

From www.educationquest.org/swd.asp

What is a self-advocate?

Self-advocates

Make choices based on their preferences, beliefs and abilities.

Take control and make decisions that impact the quality of their lives.

Take risks and assume responsibility for their actions.

Advocate on behalf of themselves and others.

POST-SECONDARY CHECKLIST FOR STUDENTS WITH LEARNING DIFFERENCES



Student self-identifies as having a learning disability during the application process.



Book an intake interview with the school's Accessibility Services Centre (if required) at least 3 months before the start date of class.



Documentation required: recent educational psychological assessment (no more than 3 years old) and other supporting documentation (doctor's letter, occupational therapy assessment, etc.).



Visit the Counselling Office/Academic Advising Office at the institution to ensure that course selection is appropriate (i.e. fewer courses per term is recommended).

Please visit your chosen institution's website to fully explore their Accessibility Services Centre. This information is usually located under "Student Services." The Accessibility Services Centre is an important part of your ongoing education.

It is the responsibility of students to ensure they fully explore ALL aspects of a chosen institution in terms of information and requirements. As always, the Post-Secondary Counsellor is able to help!



POST-SECONDARY EDUCATION INSTITUTIONS

BC Universities

Universities are mainly degree-granting institutions, although some also offer vocational diploma programs. Smaller institutions are marked with an asterisk.

British Columbia Institute of Technology	www.bcit.ca
Simon Fraser University	www.sfu.ca
University of British Columbia	www.ubc.ca
University of British Columbia – Okanagan	www.ubc.ca/okanagan
Capilano University *	www.capilanou.ca
Emily Carr University *	www.ecuad.ca
Fairleigh Dickinson University *	www.fdu.edu
Kwantlen Polytechnic University *	www.kwantlen.bc.ca
Nicola Valley Institute of Technology *	www.nvit.bc.ca
Quest University *	www.questu.ca
Royal Roads University *	www.royalroads.ca
Thompson Rivers University *	www.tru.ca
Trinity Western University *	www.twu.ca
University of the Fraser Valley *	www.ufv.ca
University of Northern British Columbia *	www.unbc.ca
University of Victoria *	www.uvic.ca
Vancouver Island University *	www.viu.ca

Compare all BC Institutions at www.educationplanner.ca/index.cfm.

BC Community Colleges

Colleges offer university transfer programs and a variety of technical and vocational diploma programs. Students enter college studies at the level appropriate to their achievement in high school. Colleges have small class sizes and can be an ideal steppingstone for students at Fraser Academy.

Camosun College	www.camosun.bc.ca
College of New Caledonia	www.cnc.bc.ca
College of the Rockies	www.cotr.bc.ca
Columbia College (private)	www.columbia-college.org
Douglas College	www.douglas.bc.ca
Langara College	www.langara.bc.ca
North Island College	www.nic.bc.ca
Northern Lights College	www.nlc.bc.ca
Coast Mountain College	www.coastmountaincollege.ca
Okanagan College	www.okanagan.bc.ca
Selkirk College	www.selkirk.bc.ca
Vancouver Community College	www.vcc.bc.ca

Sampling of Private College and Training Institutes

Academy of Learning

BC Helicopters

Blanche MacDonald Centre

CDI College of Business and Technology

Centre for Digital Imaging and Sound

Corpus Christi Liberal Arts College
(on UBC campus)

VanARTS (Vancouver Institute of Media Arts)

Vancouver College of Counsellor Training

Vancouver Film School

DuBrulle International Culinary and Hotel Institute

John Casablanca Hair Academy

Nimbus School of Recording Arts

Okanagan Valley College of Massage Therapy

Pacific Institute of Culinary Arts

Rhodes Wellness College

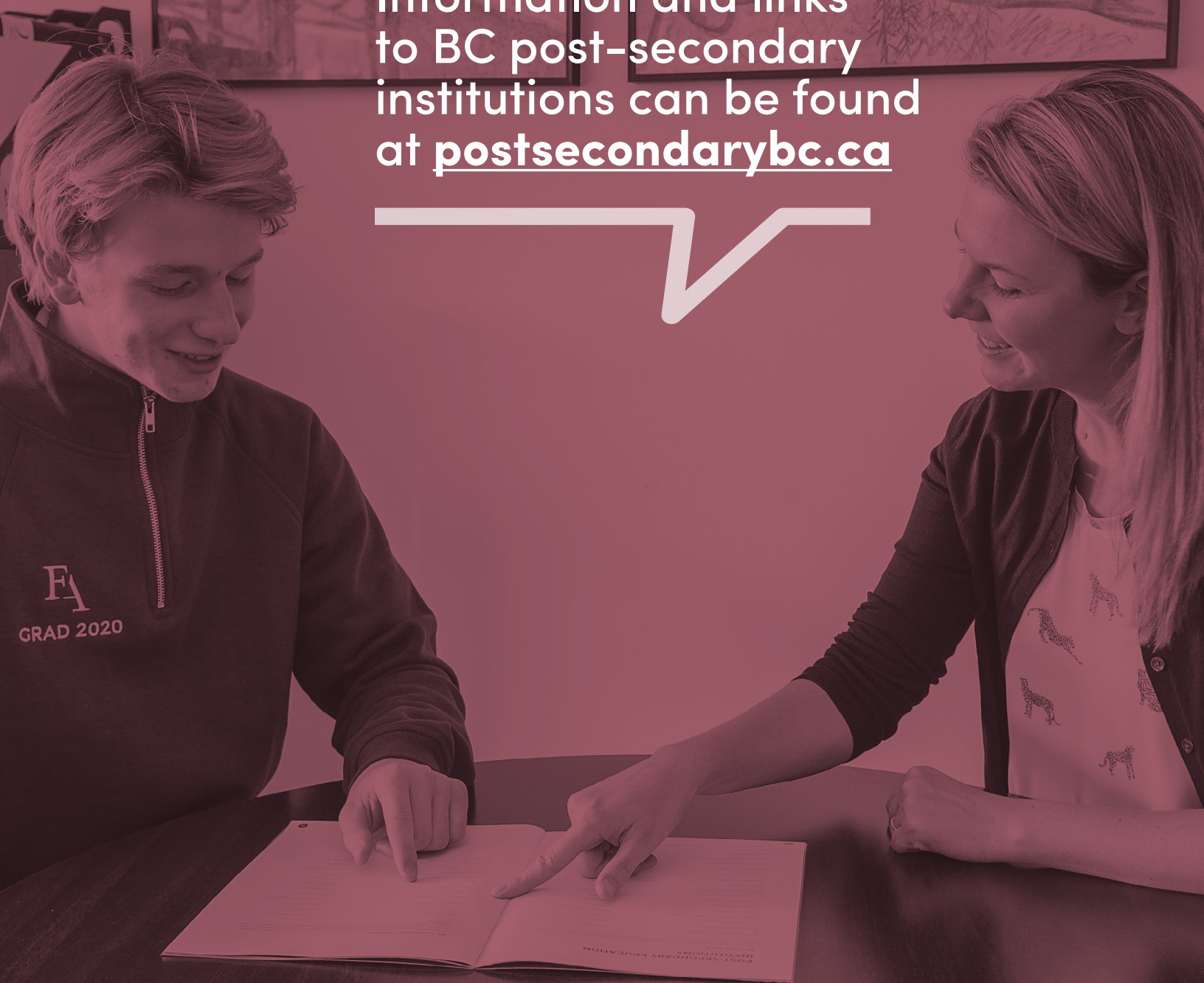
Sprott-Shaw Community College

Vancouver School of Bodywork and Massage

Vancouver Academy of Dramatic Arts



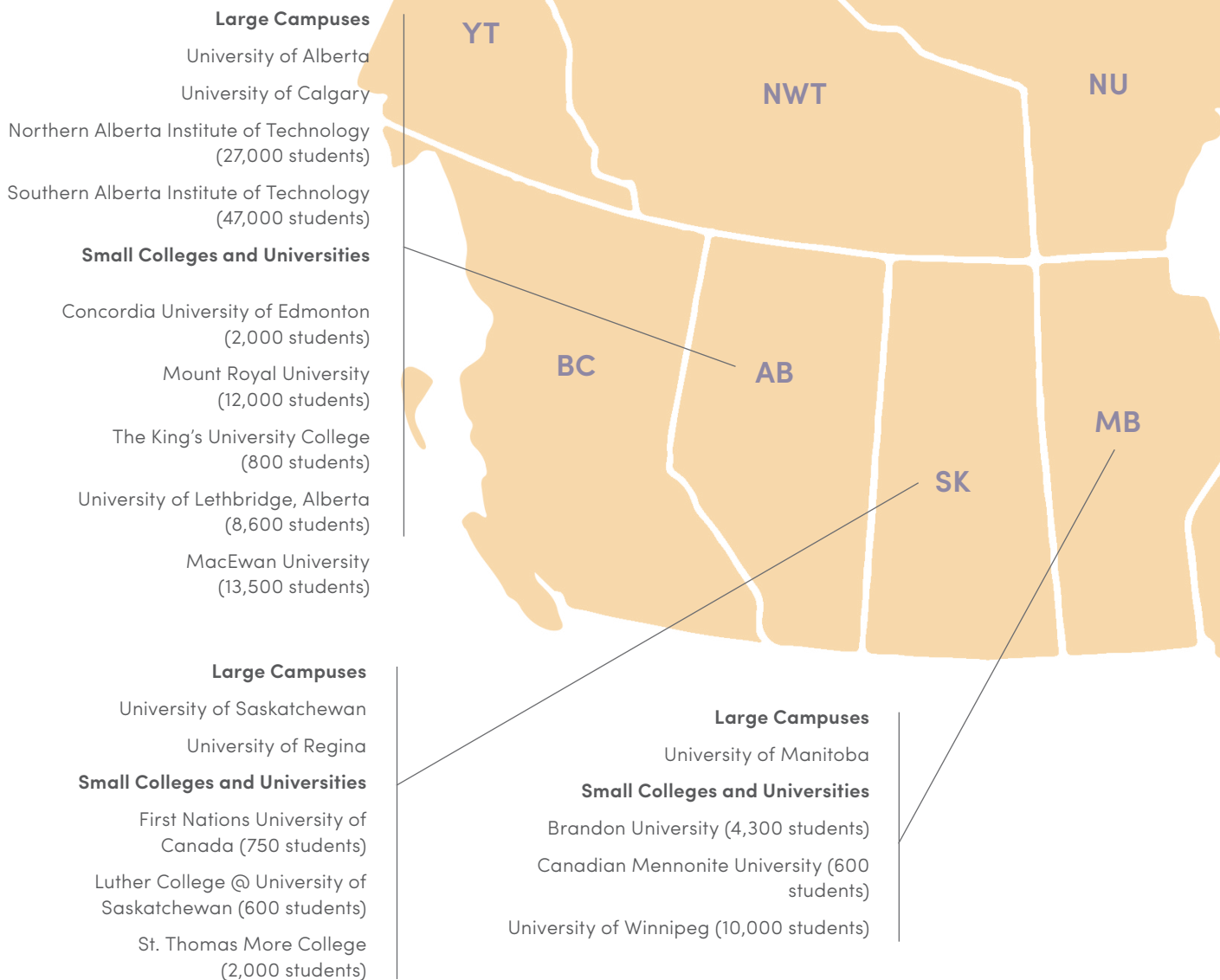
Information and links
to BC post-secondary
institutions can be found
at postsecondarybc.ca

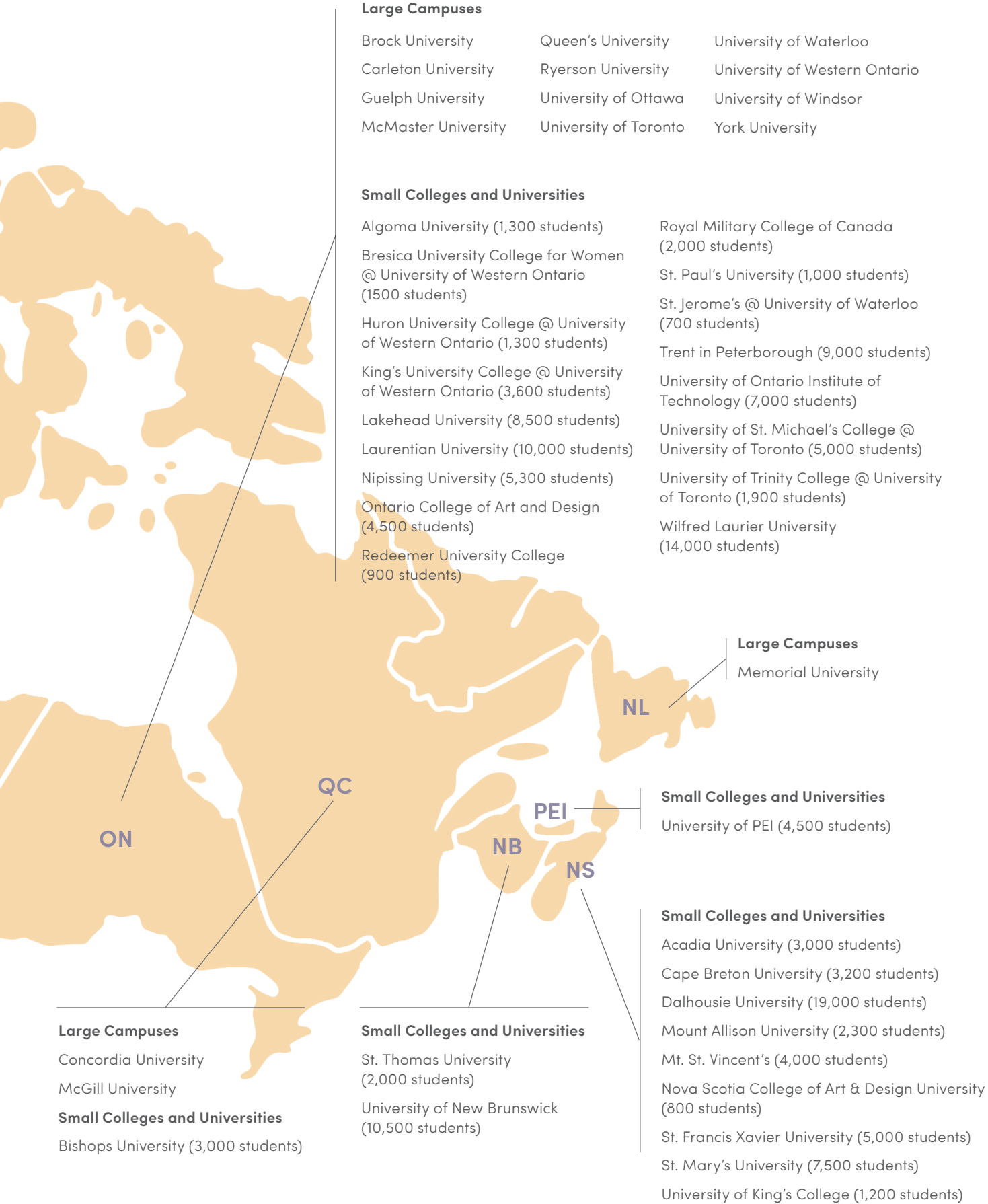


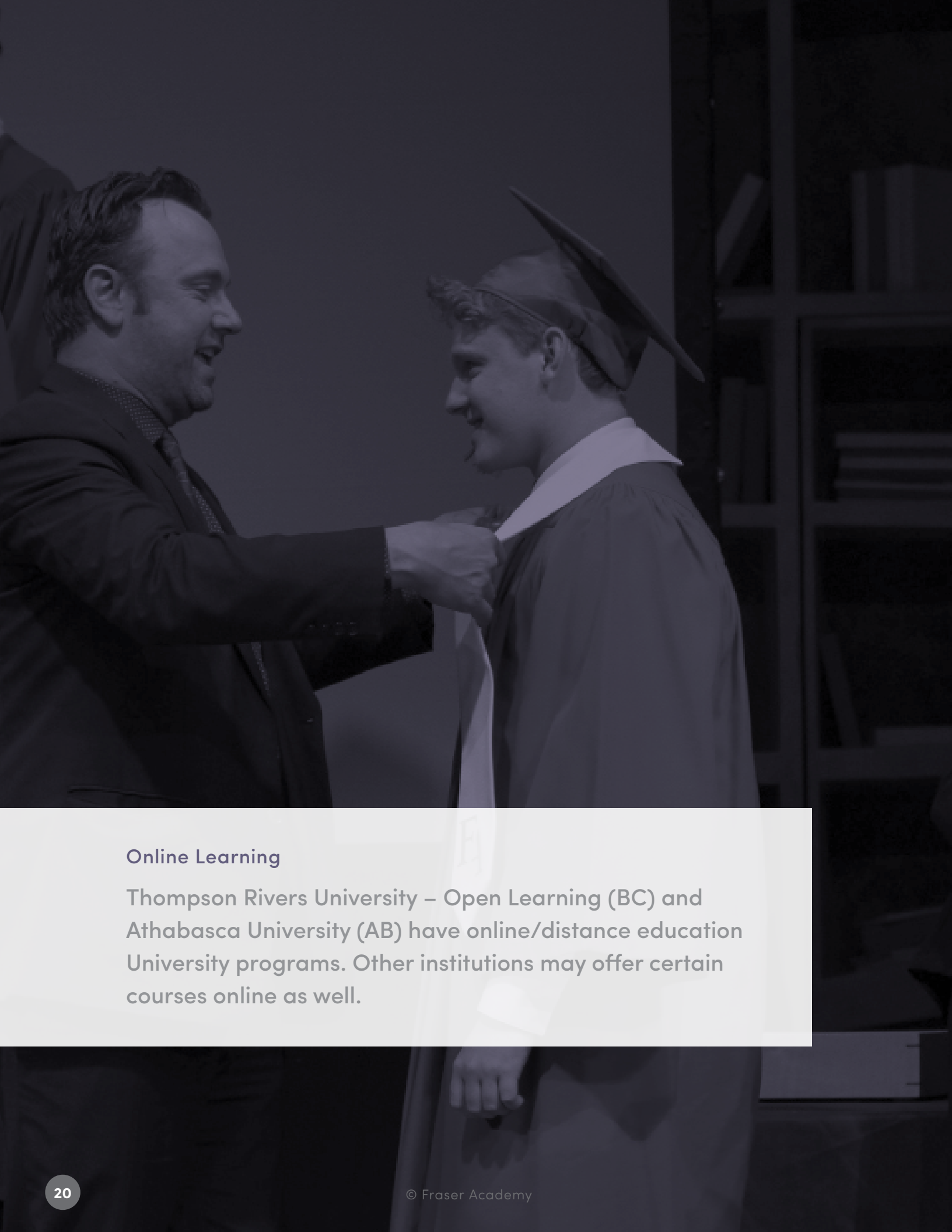
Canadian Universities and Programs Outside BC

There are many universities across Canada. To compare, explore, and search programs please visit www.universitystudy.ca.

As in BC, all provinces have community colleges and private training institutes that offer smaller class sizes and reduced tuition, as well as university transfer programs.







Online Learning

Thompson Rivers University – Open Learning (BC) and Athabasca University (AB) have online/distance education University programs. Other institutions may offer certain courses online as well.

US Colleges and Universities

US schools usually require the SAT score or ACT score as part of the admissions process. These tests are given at private testing centres throughout the year. These test sittings book quickly so check out the dates and times at the SAT and ACT websites and register as soon as possible. However, not every school requires SAT and ACT marks. For a list of schools which do not require these tests please see: [fairtest.org/university/optional](https://www.fairtest.org/university/optional).

US universities have very different standards and requirements than Canadian universities. US colleges often employ the use of The Common Application: ([commonapp.org](https://www.commonapp.org)). and

most schools require supplemental information on leadership potential and a well-rounded background. US schools tend to place high value on enrichment activities, extra-curricular activities and academic rigour (i.e., AP and IB programs).

Recommended link: www.collegeboard.org. The College Board is a non-profit membership association of 4,200 schools.

There are also two small colleges in the USA ([Landmark College](#) in Vermont and [Beacon College](#) in Florida) specifically targeted to students with learning disabilities.

Students should aim to have their application in by November 1st of their Grade 12 year to American colleges. Some schools take applications as late as February 1st, but US applications are lengthy and require a great deal of effort for students, parents and teachers.

VOLUNTEER AND TRAVEL PROGRAMS

Gap Programs/Volunteer Projects

Most GAP programs aim to promote international understanding through voluntary exchanges for young people. Duration can be a few weeks to an entire year.

Benefits of abroad opportunities include:

.....
Experience another culture
.....

.....
Develop career interests based upon concrete work experience
.....

.....
Have time to mature and reflect on the future
.....

.....
Increase self-awareness and self-confidence
.....

There are also a number of other websites on the Internet if you search 'Gap Year' and the country you are interested in.

latitude.org
realgap.co.uk
canadaworldyouth.org
projects-abroad.ca
swap.ca
yci.org
gapwork.com



Lattitude Canada Global Volunteering

Lattitude Global Volunteering (formerly known as Gap Activity Projects) is an international youth development charity. Their mission is to educate and develop young people worldwide by providing inclusive opportunities for them to make a positive difference to the lives of others through a distinctive, challenging, structured and supported international volunteering experience in a culture and community different from their own.

Through global volunteering, they aim to give young people the opportunity to experience the world beyond their community and to truly engage with it. They seek to develop young people's awareness and responsibilities towards themselves and others, and equip them with vital life skills. They have 40 years' experience, regional offices in Australia, New Zealand, the UK and Canada, and country managers in South Africa, Ghana and Malawi. They have supported 30,000 young volunteers around the world.

Due to the COVID-19 pandemic, Lattitude has reduced the number of destination countries offered. However, as of September 2020, volunteer placements are still being offered in Australia, Ghana, Greece, New Zealand, Poland, Spain, and the UK.

GENERAL INFORMATION ON SCHOLARSHIPS, AWARDS AND FINANCIAL AID

Entrance Scholarships

Many post-secondary institutions offer entrance scholarships to accepted students. They typically range from \$1,000 to over \$30,000. Entrance scholarships may be awarded solely based on academic performance, or a combination of academics, community service, athletics, fine arts, and leadership.

Application processes and timelines vary for each post-secondary institution. In some cases, a university (e.g. UBC) will only accept one application from a Fraser Academy student and the applicant must be nominated by the Head of School or designate.

Affiliation Scholarships

Awards issued through the financial aid offices of post-secondary institutions on behalf of independent donors. Typically, an affiliation scholarship is only valid at that particular institution, and it supports the donor's mission or industry.

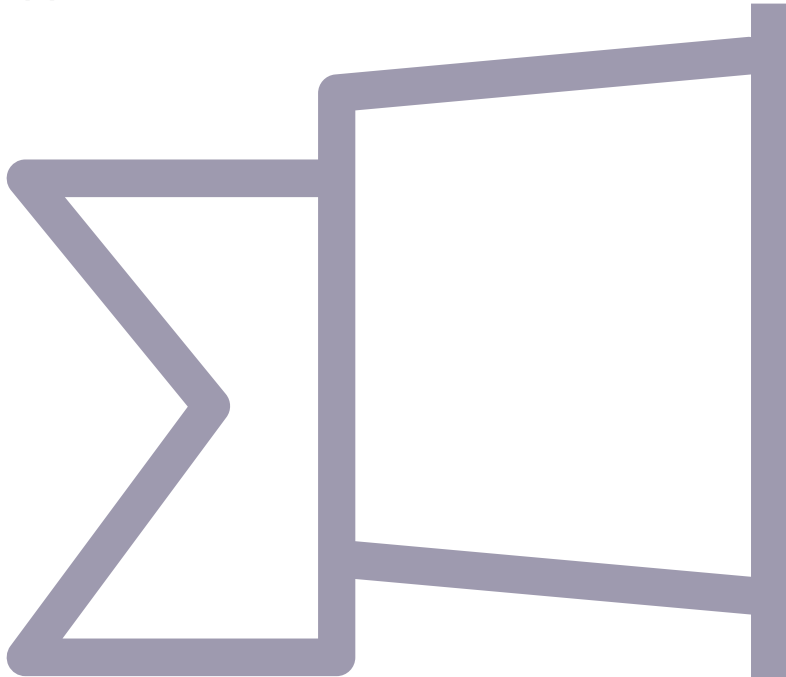
Private Scholarships

These awards are given by companies and not-for-profit organizations for a variety of reasons and in various amounts. Each opportunity has its own deadlines, eligibility requirements, and application procedures. Some deadlines are as early as September of Grade 12, while others are as late as October following graduation. Most deadlines are in the spring (February to May).


BC District/Authority Scholarships

BC District/Authority Scholarships recognize graduating BC students for excellence in their chosen area of interest or strength. Winners receive a \$1250 scholarship voucher to use towards their post-secondary tuition.

There are websites containing search fields that allow students to enter their personal information and educational plans, and the search service will match them to scholarship opportunities.



The process is imperfect and takes some patience and persistence, but the payoff can be significant. Millions of dollars in scholarships remain unawarded yearly because students do not apply.



The following sites are recommended:

Student Awards studentawards.com

Scholarships Canada scholarshipscanada.com

Disability Awards disabilityawards.ca

Universities Canada univcan.ca/universities

Student Loans studentaidbc.ca

CANADIAN BURSARIES FOR STUDENTS WITH DISABILITIES

Canada Student Grant for Students with Permanent Disabilities

This grant of up to \$2000 per loan year is awarded to students with permanent disabilities who have demonstrated financial need.

To be considered for this Canada Student Grant, you must apply for and be eligible to receive a student loan through Student Aid BC. There is no separate application for this grant, but you must provide proof of your permanent disability with your loan application.

Canada Student Grant for Services and Equipment for Students with Permanent Disabilities

This grant can provide up to \$20,000 per loan year to help pay for exceptional education-related costs associated with your disability.

To be eligible for this grant, you must:

Apply and qualify for full-time or part-time student financial assistance (have at least \$1 of assessed need).

Have a permanent disability.

Provide written confirmation that you are in need of exceptional education-related services or equipment from a person qualified to determine such need.

To apply, you must first establish your financial need by applying and qualifying for a full-time or part-time Canada Student Loan. **You must then complete and submit a separate application form for the “Canada Student Grant for Services and Equipment for Students with Permanent Disabilities.”**

Student Aid BC Supplemental Bursary for Students with Disabilities

This is a provincial bursary program designed to assist students with disabilities with exceptional educational costs (e.g. additional transportation costs, specialized clothing, etc.), recognizing that on average, students with permanent disabilities incur higher costs to attend post-secondary studies in comparison to the general student population.

This bursary program is available to part-time students or full-time students with permanent disabilities attending designated BC post-secondary institutions, and taking post-secondary level course(s).

You do not need to apply separately for this new funding. If you have provided the necessary medical documentation to qualify for the existing financial aid programs for students with disabilities, you will automatically receive this new bursary funding.

Students who apply for financial aid may also be eligible for some bursaries if they meet the necessary requirements.


What is Available?

\$800 Bursary	Available if you qualify for a Canada student grant for persons with permanent disabilities and you are studying at a course load of 40% or greater.
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\$400 Bursary	Available to any student that qualifies for Canada student grant for persons with permanent disabilities and you are studying at a course load of 20% to 39%.
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The funds will be disbursed as a cheque mailed once per program year to your post-secondary institution.

For more information, contact **StudentAid BC**.

A person is shown from the side, working on a laptop. The image is heavily overlaid with a semi-transparent pink color. The laptop screen displays a Google Docs interface with a document titled 'Choosing Measuring T'. The person's hands are visible on the keyboard.

We look forward to supporting you on this
next step of your educational journey!

